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In The Green Room

Sheetal Sheth



Sheetal Sheth isn't an ABCD — that's [American-born confused desi](#) — even if [she played one in the movies](#). The Jersey girl told the crowd at Zócalo that she prefers not to think of herself as South Asian American, but simply as an actress (and though she didn't mention it, we will — a Tisch-educated actress). We asked her for a few more details.

Q: *What's your favorite word?*

A. Arachnibutyrophobia, it is a great word, it has all the great sounds, letters, and it's one of the first words I learnt how to spell and felt proud of.

Q: *How would you describe yourself in 5 words or less?*

A. Assertive, sensitive, caring, bossy, driven.

Q: *If you could live in any other time, past, present or future, when would it be and why?*

A. I like the old times, medieval period, the renaissance, I feel really close to them, like I lived another life there. It very much feels like me.

Q: *When you are you most creative?*

A. In my dreams, I wake up and write things down or I remember them the next morning.

Q: *What worries you the most?*

A. Apathetic people.

Q: *What profession would you like to practice in your next life?*

A. Musician.

Q: *Whose talent would you like to have?*

A. There are actresses I look up to — the Kates, Blanchett, Winslet. Diane Lane, Julianne Moore. I would love to have an ounce of their talent.

Q: *Who is your favorite Beatle? Why?*

A. John Lennon. I love his soul, his heart, his ideas.

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Q: *What's your favorite season? Why?*

A. Fall. I love the crisp in the air, the transition, the feel, the colors. I love the kind of “saying goodbye to the old”. It's the process of it all.

Q: *What is the most unusual time, place, or situation that you came up with a brilliant idea? What was the idea?*

A. I don't know if I've had any good ideas....

Q: *What promise do you make to yourself that you break the most often?*

A. I'm hard on myself, so I tell myself to not be so hard on myself.

Q: *Who is the one person living or dead that you've love to have a beer with?*

A. Lena Horne

**Photo by Aaron Salcido.*

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